

Be sure to check out...



Each weekend from **Memorial Day through Labor Day**, park staff at Tuckahoe & Martinak offer a variety of **FREE**, family-oriented programs and activities. Details can be found on flyers posted throughout the park or call the park office to learn more.

Want to rent a vessel? On weekdays, come by the park office. Weekends, visit the lakefront boathouse at Tuckahoe or the Nature Center at Martinak. Both parks have canoes, volleyballs, horseshoes and fishing poles available for rent. Tuckahoe also has kayaks and mountain bikes. Both also offer a number of t-shirts, souvenirs and ice cream treats to cool off!



Martin O'Malley, Governor

Anthony G. Brown, Lt. Governor

John Griffin, Secretary



Tuckahoe State Park

13070 Crouse Mill Road
Queen Anne, MD 21657

Martinak State Park

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Tuckahoe & Martinak State Parks

Day Camps and Family Activities



Spring/Summer
2010

The Department of Natural Resources preserves, protects, enhances and restores Maryland's natural resources for the wise use and enjoyment of all citizens.

Adult and Family Activities

Rock Climbing!



Take part in Tuckahoe's **Open Rock Climbing sessions**, open to both experienced climbers looking to practice, and those who have never climbed before. The wall will be open on **Sat., May 29 from 3-6 p.m., Sat., July 3, 10 a.m. - 1 p.m., and Sun., September 5, 2-5 p.m.** (additional sessions may be added — check park flyers for details). Children under 18 must be accompanied by parent/guardian. Cost is \$5 per climb (paid upon arrival).

Canoeing!

Join park staff for an entertaining and educational **guided canoe trip** up Tuckahoe Creek. Trips will be held on **Sun., May 30, Sat., July 3, and Sat., September 4** and will depart from the lakefront boathouse at **6 p.m.** Reservations required; a minimum of 6 participants per trip. \$6 for adults, \$4 for children 14 & under (paid upon arrival).



Adults Only Adventure!!

Kids get to enjoy Tuckahoe's ropes course — so why not adults?! Join park staff on **Fri., July 30 at 6 p.m.** for an evening of fun on the Challenge Course's high elements: 40-ft. rock wall, 50-ft. giant swing, 25-ft. pamper pole and zip line. Push your limits, leap for a trapeze, feel the adrenaline, enjoy the wind in your hair! Pre-registration required; \$20 per person.



Special Events

April 3: Easter Egg Hunt, 1 p.m.

Over 4,000 plastic & boiled eggs are waiting to be discovered, including specially-marked prize eggs! Open to children age 10 and under. Starts 1 p.m. sharp in the Cherry Lane Picnic Area of Tuckahoe State Park.



April 25: Adventure Race, 11 a.m.



The Tuckahoe Adventure Race will consist of 4 legs: a 1-mile run, 5-mile mountain bike, 2-mile run (with team challenge), & 1-mile canoe paddle. Open to anyone aged 10 and older who is capable of sustained exercise. Teams may consist of males, females, mixed doubles, parent-child or family. Pre-registration is required.

May 8: Birds of Prey Photo Shoot

Come photograph the Scales & Tales hawks, falcon, owls and a special guest — a bald eagle! — in their natural surroundings. \$10 per photographer, spectators free; 10 a.m.-1 p.m. at Tuckahoe State Park's Cherry Lane area.



June 12: Tuckahoe Triathlon, 8 a.m.



Designed for serious athletes and amateurs alike, this annual event consists of a 2-mile run, 10-mile bike and 1-mile canoe course. Categories for individuals, couples and parent-child with prizes in each. Advance registration \$15; race day registration \$20. Come out and enjoy a late spring morning in the park, competing or cheering on the participants!

Summer Youth Activities at Martinak State Park



Junior Rangers!

Jr. Rangers is one of several efforts by the Maryland Park Service providing local youth with conservation information, environmental education and fun recreational experiences. Designed for children ages 7-12, this year Martinak State Park will host two *separate* sessions of this popular program; one meets weekly on **Wednesdays** from 7-8:30 p.m. (6/23-7/28) and the other will meet on **Saturdays** from 10:30 a.m.-12 p.m. (6/26-7/31). Each program consists of activities surrounding a specific topic, games, crafts, a snack and more. Upon completion of the program, each Jr. Ranger will receive a membership card, quest book and badge at an awards ceremony and family picnic. The cost is \$25 per child; advance registration is recommended so sign up soon!

Park Pals!

This weekly program is geared for children 4-6 years old and features games, snacks, stories and other fun nature-related activities. Programs will be held on **Wednesday evenings** from 6-7 p.m. at Martinak's Nature Center, from **June 23** through **July 28**. Participants will earn a badge and other goodies at the awards ceremony and family picnic that will be held in conjunction with the Jr. Rangers. The cost is \$20 per child; advance registration is required.



Adventure Day Camps at Tuckahoe & Martinak State Parks

Join trained park staff as they promote safety and enjoyment in the beautiful outdoors. Each camp runs for two days and costs \$40 (*Note: Those signing up for multiple camps (or multiple children in a family) will receive \$10 off each additional camp*). Campers will receive a t-shirt, snacks, drinks, and other goodies. All necessary equipment and supplies are provided. Campers should come prepared with proper clothing for the outdoors including sunscreen, sunglasses, hats, footwear, etc. Park staff reserve the right to cancel any programs that have less than 6 participants. **NEW this year: "Between Care" (11:30-12:30) will be offered for those attending two camps in one day (6/28, 6/29, 7/5, 7/6, 7/12, 7/13, 7/15, 7/16, 7/19, 7/20); cost is \$5; bring a bag lunch.**



Archery (ages 8-14)

A great introduction to the sport of archery. Campers learn safe bow and arrow handling techniques and take part in target practice at Tuckahoe's archery range. (*Session #1 June 28-29/9-11:30; #2 July 15-16/9-11:30*)



Rock Climbing (ages 8-12)

This intro to climbing is a fast-paced adventure! Campers will explore the basics of belaying, knot tying and climbing techniques on Tuckahoe's 40-ft. climbing wall and 25-ft. pamper pole. Meet at the Challenge Course. (*Session #1 June 21-22/9-11:30; #2 July 1-2/9-11:30; #3 July 8-9/9-11:30; #4 July 12-13/9-11:30*)



Advanced Rock Climbing (ages 11-14)

Designed for older or more experienced climbers seeking the next level of adventure. Learn more about climbing techniques and gear, play high-hanging games and lots more at Tuckahoe! (*July 5-6/12:30-3*)

Nature Nerds (ages 7-11)

Know a kid who loves to be outside getting wet and dirty? Bring them out to experience firsthand the wide variety of critters that call the Shore home — up close and



Canoeing & Fishing (ages 7-14)

Enjoy a variety of opportunities on Tuckahoe's tranquil lake and creek or at Martinak's scenic Watts Creek. This camp will teach all the basics - from paddling to casting - to begin a life-long hobby. All equipment including bait, poles, paddles and personal flotation devices provided (campers are welcome to bring their own fishing rods). (*Session #1 June 24-25/9-11:30 @ Tuckahoe; #2 July 15-16/12:30-3 @ Tuckahoe; #3 July 19-20/9-11:30 @ Martinak*)



Treasure Quests (ages 10-14)

How does exploring Tuckahoe while seeking out treasure and adventure sound? Join park staff and explore just some of the park's 3,800 acres using maps, compasses, GPS — you'll even learn about the hobbies of geo-caching and letter boxing! By foot, bike or canoe — join us and see! Meet at the Cherry Lane Picnic Area. (*July 12-13/12:30-3*)

Mountain Biking (ages 9-14)

Did you know Tuckahoe has over 15 miles of trails? We won't have time to explore them all — but we'll try! Campers will learn bike safety, trail etiquette, and proper maintenance. Bikes and helmets provided or bring your own. Meet at the Cherry Lane Picnic area. (*July 5-6/9-11:30*)



Program Registration Form

Participant's _____ Age: _____

<input type="checkbox"/> Jr Rangers (Wed or Sat — circle 1)	\$25
<input type="checkbox"/> Park Pals	\$20
<input type="checkbox"/> Rock Climbing Camp #_____	\$40
<input type="checkbox"/> Mountain Biking Camp	\$40
<input type="checkbox"/> Canoeing & Fishing Camp #_____	\$40
<input type="checkbox"/> Archery Camp #_____	\$40
<input type="checkbox"/> Nature Nerds Camp #_____	\$40
<input type="checkbox"/> Treasure Quests Camp	\$40
<input type="checkbox"/> Advanced Rock Climbing Camp	\$40
<input type="checkbox"/> Between Care dates: _____	\$5/day
Total: _____	

Address _____

Phone _____ Emergency Contact Name/# _____

Allergies/Medical Conditions/Concerns Insurance Information

Parent/ Camper Agreement: I agree to hold harmless Tuckahoe and Martinak State Parks and all of their employees, officers and agents in the event of an injury occurring to my child. I recognize that participating in these activities has a certain amount of risk and that injury is always possible. I certify that my child is, to the best of my knowledge, physically able to participate in this activity. I assume full financial responsibility for medical expenses arising out of such an injury. I hereby authorize the camp director to act for me according to his or her best judgment in any emergency medical situation.

Parent's Signature _____ Date _____

Photo Release for Children Under the Age of 18 : I hereby grant to the Maryland Department of Natural Resources and to its employees, agents and assigns the right to photograph my dependant and use the photo and/or other digital reproduction of him/her or other reproduction of his/her physical likeness for publication processes, whether electronic, print, digital, or electronic publishing via the internet.

Child's Printed Name _____ Child's Signature _____

Parent's Signature _____ Date _____

Mail this form & check (payable to Tuckahoe State Park) directly to the park office: 13070 Crouse Mill Road, Queen Anne, MD 21657

The facilities and services of the Maryland Department of Natural Resources are available to all without regard to race, color, religion, sex, sexual orientation, age, national origin or physical or mental disability. Accommodations for individuals with disabilities will be provided upon request. 7 days advance notice is requested.